



CENTER FOR  
**FAMILY** **life**  
AND **RECOVERY**  
WHEN THERE'S **HELP**, THERE'S **HOPE**.

# Employee Assistance Program

Employee Assistance is one of the many benefits provided by your employer. Employees and covered family members receive counseling at no cost to the individual

**Call Today to schedule your appointment**  
We offer in-person and over-the-phone sessions.

**315-733-1726**

**Common reasons employees use EAP**

- ★ Stress and work-related concerns
- ★ Mental Health Issues
- ★ Alcohol and Drug issues
- ★ Grief and Bereavement
- ★ Family and other relationship issues
- ★ Chronic Illness
- ★ Child and Adolescent Issues
- ★ And More!

